

10/28/08

MINUTES OF THE REGULAR MEETING  
OF THE SENIOR ADVISORY COMMISSION  
September 22, 2008



7D.1

COMMISSIONERS PRESENT: Dwight Collins, Anne Creighton, Patrick Driscoll, Frank Kadlecek, Foster Lopes, Edward Murphy, Alice Pivacek

STAFF PRESENT: George Friedenbach, Acting Parks & Recreation Director  
Phil Orr, Recreation Supervisor  
Jessica Carter, Recreation Coordinator  
Megan Kristalyn, Recreation Office Assistant

GUESTS: Daniene Marciano, Director of Education Options, SCUSD  
Kathy Matorano, Principal, SCUSD  
Becky Pestarion, Program Supervisor, SCUSD  
Marge Banko, Glorian Quigley, Doris Modesitt, Tom Freitas,  
Helen Rezendes, Jean Salmon, Donna Marencia, Anita Marencia

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MATTERS FOR COUNCIL ACTION – None.

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- I. CALL TO ORDER – The meeting was called to order by Chair Murphy.
- II. MINUTES OF THE August 25, 2008 MEETING – Minutes were approved with the following correction: add 'Advisory Council' after 'Council on Aging'.
- III. SUMMARY OF CITY COUNCIL ACTIONS – The Commission reviewed City Council actions pertaining to seniors.
- IV. CORRESPONDENCE/COMMUNICATION – Commissioners need to RSVP for the Boards and Commission Recognition Dinner by September 29th.
- V. REPORTS-
  - A. Research on Aging Consultant – Commissioner Driscoll noted the newsletters from colleges he subscribes to that help keep him up to date on medical issues. Commissioner Kadlecek proposed that Commissioner Driscoll meet with Commissioner Collins to discuss Commissioner Driscoll's extensive research on senior needs.
  - B. Health and Wellness/Case Management – Commissioner Creighton read Mallory Von Kugelgen's report on programs; Ongoing Programs: Blood Pressure Clinic: 164, Walk 'n' Talk: 73, Office Visits: 42 and Home Visits: 5, Telephone/email consults: 15, Emergency 911 calls: 1, First aid response/Senior Center: 1. Case Management Report for August; Total Active Clients: 89, New Clients: 22, Ongoing cases served: 9, Home visits: 22, Office visits: 6. Home Care registry; Total Clients served: 45, New: 24, Ongoing: 21, Interviews: 47, Information and referral: 34, Phone calls: 499, Donations: \$550. The Senior Center will be hosting the program, "No Drugs Down the Drain", October 8th, 9am-1pm, co-hosted with the City of San Jose Environmental Services Department. The Flu Vaccine Clinic will be open on Friday, November 7th at 11:00am (400 doses). Holiday Meal Delivery will be on Wednesday, December 17th, 11am, facilitated along with the Women's League.
  - C. Council on Aging Advisory Council – Commissioner Murphy moved to have Commissioner Collins replace him as the liaison to the Council on Aging Advisory Council.

Commissioner Collins agreed to represent the Commission. Commissioner Lopes seconded the motion. The motion was approved by Commission.

- D. Senior Center Needs/Transportation – Commissioner Pivacek noted an average of 75 people use Outreach for the Nutrition Program. She also noted that, “Heart of The Valley” brochures are needed in the lobby. She suggested signage on Monroe Street stating where the Senior Center is located. Commissioner Lopes noted a foundation that helps seniors travel out of state and will inquire about contact information of local foundations.
- E. California Senior Legislature – Commissioner Lopes reported on his new proposal he will be sending to the State Legislature next month.
- F. Volunteers/Communication– Commissioner Kadlecsek reported an estimated 582 ¾ hours of volunteer time in the month of August. He also reported that the tax volunteers assisted over 300 low income seniors file for homeowner or renter tax rebates since July 1, 2008. Commissioner Kadlecsek proposed recruiting volunteers in the computer lab to provide one-on-one tutoring for people who need help in basic computer skills. He also requested that staff create a policy of logging hours of volunteer work. Commissioner Kadlecsek also recommended the Senior Center participate in “Make a Difference Day” on October 25th, and bring back the same workshop seminars the Senior Center had last year.
- G. Nutrition – Commissioner Collins read the Nutrition Site Manager’s report; 24 new members in August; daily average 68. Nutrition program survey found an overall rating of 93% in favor of program. Commissioner Collins would like to start comparing and contrasting past and present months of the nutrition program to see if there are differences in attendance. Staff noted that the Senior Center does not turn away anyone from the nutrition program. A citizen asked why the Senior Center does not prepare food on site. Staff stated that the current facilities are not equipped to prepare and store meals daily.

## VI. OLD BUSINESS

- A. Santa Clara Unified School District– Daniene Marciano, Director of Education Options spoke about Santa Clara Unified School District’s programs for seniors.
- B. Citizen Survey of Saturday Senior Center Hours – Deadline to turn in survey is October 3<sup>rd</sup> and will report result next meeting.
- C. Non-resident Volunteers – Staff reported that out of the 68 volunteers in the Fitness Room and Snack Bar 22 are non-residents. Out of those, 13 use the fitness room and pool. There are currently 4 vacancies in the fitness room and 4 vacancies at the snack bar for volunteers to sign-up. Staff noted that in order for non-residents to have access to our facilities they are required to volunteer 4 hours of work per week. A citizen asked about volunteer applications and limiting non-resident volunteer access to Senior Center. A citizen commented that volunteers need to remember to turn in their timesheets every week.
- D. Use of Telephones in Fitness Room – Staff reported that in certain instances phones were being used by citizens in an unauthorized manner. Staff reported that the phones in the lobby are for public use and were put there for that purpose to replace the pay phones. A citizen proposed putting signs above the phones stating ‘limited use only’. A citizen wanted to know about meetings and policies given to the volunteers. Commissioner Driscoll made a motion to build a policy manual (SOP) for all operations. Commissioner Lopes seconded the motion. The motion was approved by the Commission.
- E. Response to Question About the Certifications of Registered Nurse– Staff noted that the Senior Center nurse is AED certified.

- F. Website Report – Staff read report. Commissioner Collins requested statistics from past months to compare and contrast number of hits.

VII. NEW BUSINESS

- A. Consideration of Proposed Meeting Agenda Format- Commissioner Lopes made a motion to adopt new format. Commissioner Collins seconded the motion. A roll call vote passed with two objections, Commissioners Pivacek and Driscoll.
- B. Consideration of Proposed Changes to City of Santa Clara's Website – Commissioner Collins read his suggestions for changes to the website. Commissioner Driscoll made a motion to ask staff to explore the feasibility of new ideas for the website. Commissioner Lopes seconded the motion. A roll call vote passed; with one objection, Commissioner Creighton.
- C. Commissioner Collins' Interest in Researching Senior Education and Technology Issues- Commissioner Collins asked to postpone his report.

VIII. STAFF REPORTS

- A. Natorium Closure – Staff is working with the contractor and manufacturer to get the air conditioning system working and to locate and repair the leak in the warm water pool.

IX. PUBLIC PRESENTATIONS-

- A. Tom Freitas reported that the Men's League will be contributing funds from the proceeds made at the Art & Wine Festival to the Senior Health and Wellness Program.

X. CONFERENCE AND TRAVEL AB1234 – No report.

XI. SUGGESTION BOX REVIEW –Staff passed out report with suggestions and responses.

- XII. There being no further business, the meeting was adjourned. The next regular meeting is scheduled for October 27, 2008 at 10:00 a.m. at the Senior Center Conference Room.

Prepared by:

  
GEORGE FRIEDENBACH  
Acting Director of Parks and Recreation

  
for ANNE CREIGHTON  
Secretary